

2022 HUESTON SAILING ASSOCIATION JUNIOR SAILING PROGRAM

When: 3 Nights Camping 3 Day Instruction
 Sunday, July 10 Monday, July 11
 Monday, July 11 Tuesday, July 12
 Tuesday, July 12 Wednesday, July 13

WHO: 11 - 15 year old, boys or girls. Must be able to swim.

WHERE: Hueston Woods State Park. Drop off participants Sunday at the Class A campgrounds. Pick up participants Wednesday evening; dinner and award ceremony begin at 6:00 PM at the Hueston Room.

EQUIPMENT: Tents, Camping gear, Life Jacket, and Sunfish. If you do not have any of these and cannot borrow them, contact Amy Marks at (317) 671-6042.

COST: The sailing camp will cost \$175 for HSA members and \$200 for Non-HSA members (which includes HSA Associate membership).

This cost includes:

- Three meals and snacks for each day of instruction (Mon. – Wed.)
- Campground space, and
- T-Shirt

(Checks made out to Hueston Sailing Association)

PROGRAM: Primarily geared to beginners and less experienced sailors. Depending on readiness, topics will include:

I. Seamanship

Safety
Self-rescuing
Docking
Boat and sail care
Knot tying

II. Helmsmanship

Wind direction
Tacking & jibing
Sail trim
Steering

III. Basic Sailing Skills

Beating
Reaching
Running
Rounding marks
Body kinetics

IV. Sailing Rules

Basic rules
Racing rules
Racing tactics

V. Plenty of Sailing

REGISTRATION FORM

**2022 Junior Sailing Program
Hueston Sailing Association**

Participant's Name _____ Age _____ Date of Birth _____

HSA Member Name: _____

Address _____ Telephone _____

City/State/Zip _____

Bringing Sunfish? _____ If yes, Sunfish owner _____

E-mail address _____

List any food allergies or dietary restrictions: _____

Note: All boats must carry a Coast Guard approved life jacket (PFD) on board as required by State Law. Participants **must wear** PFD while on the water.

Participants, and parents of participants, in consideration of sailing instruction provided by the Hueston Sailing Association, hereby release the Association, its individual officers and members, and the camp instructors and counselors from any and all liability for injury or illness to the participant and assume all responsibility for damage to the boat and equipment used by the participant and any injury or damage by the participant.

Signature (Participant): _____ Date _____ Day Ph. _____

Signature (Mother): _____ Date _____ Day Ph. _____

Signature (Father): _____ Date _____ Day Ph. _____

Send Registration Form and check for either \$175 for HSA Members or \$200 for non-HSA members (made out to Hueston Sailing Association)

to: Amy Marks
304 Belle Watlin Ct
Beavercreek, OH 45434

Questions? Call 317-671-6042