

## **2023 HUESTON SAILING ASSOCIATION JUNIOR SAILING PROGRAM**

**When:**            3 Nights Camping                      3 Day Instruction  
                         Sunday, July 9                                      Monday, July 10  
                         Monday, July 10                                      Tuesday, July 11  
                         Tuesday, July 11                                      Wednesday, July 12

**WHO:** 11 - 15-year-old, boys or girls. Must be able to swim.

**WHERE:** Hueston Woods State Park. Drop off participants Sunday at the Class A campgrounds. Pick up participants Wednesday evening; dinner and award ceremony begin at 6:00 PM at the Hueston Room.

**EQUIPMENT:** Tents, Camping gear, Life Jacket, and Sunfish. If you do not have any of these and cannot borrow them, contact Amy Marks at (317) 671-6042.

**COST:** The sailing camp will cost \$175 for HSA members and \$200 for non-HSA members (which includes HSA Associate membership).

This cost includes:

- Three meals and snacks for each day of instruction (Mon. – Wed.)
- Campground space, and
- T-Shirt

(Checks made out to Hueston Sailing Association)

**PROGRAM:** Primarily geared to beginners and less experienced sailors. Depending on readiness, topics will include:

### **I. Seamanship**

Safety  
Self-rescuing  
Docking  
Boat and sail care  
Knot tying

### **II. Helmsmanship**

Wind direction  
Tacking & jibing  
Sail trim  
Steering

### **III. Basic Sailing Skills**

Beating  
Reaching  
Running  
Rounding marks  
Body kinetics

### **IV. Sailing Rules**

Basic rules  
Racing rules  
Racing tactics

### **V. Plenty of Sailing**

**REGISTRATION FORM**  
**2023 Junior Sailing Program**  
**Hueston Sailing Association**

Participant's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Participant's Email: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Bringing Sunfish? \_\_\_\_\_ If yes, Sunfish owner: \_\_\_\_\_

E-mail address: \_\_\_\_\_

List any food allergies or dietary restrictions: \_\_\_\_\_

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Note: All boats must carry a Coast Guard approved life jacket (PFD) on board as required by State Law. Participants **must wear** PFD while on the water.

Participants, and parents of participants, in consideration of sailing instruction provided by the Hueston Sailing Association, hereby release the Association, its individual officers and members, and the camp instructors and counselors from any and all liability for injury or illness to the participant and assume all responsibility for damage to the boat and equipment used by the participant and any injury or damage by the participant.

Signature (Participant): \_\_\_\_\_ Date: \_\_\_\_\_

Signature (Parent/Guardian): \_\_\_\_\_ Date: \_\_\_\_\_

Signature (Parent/Guardian): \_\_\_\_\_ Date: \_\_\_\_\_

Send Registration Form and check for either \$175 for HSA Members or \$200 for non-HSA members (made out to Hueston Sailing Association) to:

Amy Marks  
304 Belle Watlin Ct  
Beavercreek, OH 45434

Questions? Call 317-671-6042