Acton Action

At right, the club gathers for a brunch before rigging boats. About 30 people showed up for this social interlude as HSA moves into the second semester of racing. Photos by Henthorn and Associates Photography.

Issue 8 August 1, 2019

Next up for HSA

Sunday, August 4 2nd Fall Series for all Fleets

Saturday, August 17th HSA Midsummer Party in Farmersville!! 4:00 pm to

dark.

Saturday, August 24 Race Clinic 12 noon

Sunday, August 25

AuGusto! Sunfish Regatta



Costandi on his Hobie, the pretty one. We mean the boat.

Big Turnout for Fall Series Inaugural

Despite this July being the hottest month since 2011, nineteen boats and 30 racing sailors came out to enjoy a beautiful day at Hueston Woods this past Sunday. It was the kickoff of the Fall Series as HSA moves into the second half of the season for 2019.

The HSA Brunch earlier in the day also attracted thirty people. New members Ron and Betty Jordan came from Indianapolis, joined us for brunch, and then sailed their Capri 14.2. There were other visitors and guests as well. Carla Myers, who was in June's Intro to Sail, found room with Joe Fulford in the Flying Scot and crewed in the racing. Mei Chang and Chuck Taylor got a brief look at rigging boats, then went out for some tiller time on Jim and Jenny Cooper's cruiser "*Captain Kitty*". Dick Werner was also on hand as a guest and joined the committee for the day. (continued next page)

Are You Practicing Good Sportsmanship?

We focus on the ten guidelines for sportsmanship from SailZing and add a personal story or two about times when things went wrong.



Big Turnout for Fall Series (continued from page 1)

Holiday Series Atmosphere as HSA Goes to the Lake to Race

The big crowd on the water had to share the wind, which at times was plentiful and other times as scarce as leftovers of Rose Schultz's sausage and egg casserole at the brunch.

In the Hobie division,
Don Fecher bested the fleet with
two wins with Kevin DeArmon,
Mark Costandi, and Dave
Munday rounding out the
competition.

In Y-Flyers, Pete Peters and Rose Schultz, aka the Hamilton Hammer and his Miamisburg Moll, took race one by a full leg. But after sailing into the dock to use the, uh, facilities, the duo were late to the second start and were able to finish only third.

That gave an opening to Mike Stratton and his crew, daughter Cosette, who capitalized by winning the second race. That allowed them to win the day. In that second race, Phil Robertson and grandson crew Landon, gave the winners a run for their money, nearly overtaking them midway through the second lap of race two

before fading on the last two legs.

Charlie DeArmon with new crew Steve O'Neil threatened in race one but ultimately succumbed to some fickle wind shifts and ended up third overall.

Y-Flyer skippers Scott Eversole and daughter Makenna visited the rigging area before racing. Scott was on crutches after recent knee surgery but will be back soon.

In the Handicap start,

Girls Rule Handicap Division

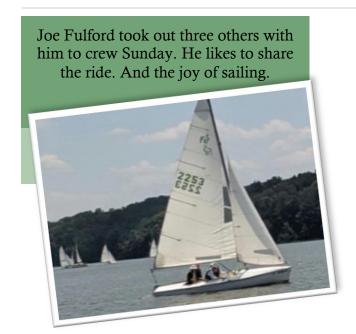
Laura Beebe faced nine challengers in four different classes of boats and came out on top, continuing her run of series and regatta wins dating back to 2015. Her only series loss was in the 2017 Regional Sunfish Championship.

The runner up in this fleet was none other than Megan

DeArmon, someone who may be heir apparent to the throne should the Queen falter.

The ladies dominated the fleet Sunday with four of the top five finishes going to the distaff side. There were, in fact, seven women in the ten boats, a good turnout for the girls who want to have fun.

Diane Pierok skippered her boat in race one and finished 4th. Crew Ken Wright took the helm for race two and finished 5th.



Are You Practicing Good Sportsmanship?

Our behavior on the water goes a long way toward building personal success as a racing sailor but also helps build clubs and competition. Here is a reminder from SailZing about the challenges and opportunities.

Sportsmanship in Sailing: Challenge and Opportunity

Sailing is a self-policing sport, which presents both a challenge and an opportunity. The challenge? Sportsmanship becomes essential. If the competitors don't follow the rules, the game becomes frustrating for everyone. The opportunity? We get a unique chance to build a key life skill.

Growing Sportsmanship

You don't become a "good sport" overnight. Pick out some key behaviors and try them out. Then add more. SailZing reviewed dozens of articles about sailing sportsmanship to come up with 10 of these behaviors.

1. Know the Rules

You have to know the rules, and sailing has lots of them. **Learn** the rules in stages, starting with the basics and getting more advanced as you gain experience.

2. Follow the Rules

When you sail competitively, you agree to follow the rules (see Rule 3 in the Racing Rules of Sailing). You also agree to the fundamental principle of sportsmanship, which is that when you break a rule, you must promptly take a penalty.

If you break a rule, don't wait for another competitor to call you out. There are plenty of inspiring stories about sailors who took a penalty after breaking a rule that no one else noticed. These sailors gained much more in respect than any positions they lost

in the race.

3. Enforce the Rules

You don't have to go out on the water looking for people who are breaking rules. But, when you see someone break a rule and not take their penalty, find a way to call it to their attention. If they fouled you, you may end up protesting that boat. If they fouled someone else, talk to them politely after the race.

4. Be Courteous

Thank the race committee, regatta organizers, your competitors, and any friends, family and coaches who helped get you to the starting line. This goes a long way to creating a positive racing atmosphere.

Practicing Sportsmanship (continued from previous page)

5. Be Fair

Don't try to use the rules like a zombie, automatically yelling "no room" or "starboard" for every encounter. **Give others the benefit of the doubt.** Apply the Golden Rule: "Do unto others as you would have others do unto you."

6. Be Honest

Honesty means recognizing the truth and dealing with it. If you messed up, admit it and learn from the mistake. Covering it up may work for the moment, but does nothing for your long-term growth (or your conscience).

7. Communicate

Instead of getting mad at a competitor, communicate. You have a better chance of breaking down barriers and learning something this way. You might also make a new friend.

8. Move On

If you get fouled, don't ruin your race by remaining angry. Protest if needed. Then concentrate on finding the next puff or shift.

9. Help and Encourage Others

Helping and encouraging others is a win-win: your competitors appreciate you, and you feel good about yourself.

Congratulate other sailors for good races Be positive with your crew

Teach something you learned that might help someone else

Work together while launching and pulling out

10. Be Prepared

If your boat is in good shape and you have all the equipment you need for racing, you'll be less dependent on others. You'll also be less frustrated about "unfair" situations (like a breakdown caused by poor maintenance). Less frustration means better sportsmanship!

Sportsmanship: A Personal View

A few years ago, I went to another lake in Ohio (which shall remain anonymous) to sail in one of their regattas. It was a small affair, informal, but they had trophies and other trappings of a serious race event.

The dozen or so competitors were all from the local club except for me. Few had race equipped boats but all seemed earnest in competing.

I realized from the first start that things were not good there. The starboard end of the line was heavily favored. Everybody was headed there. And it didn't seem to matter how you got there.

Barging was the order of the day. Touching other boats as you were barging also didn't seem to matter. I remember calling for room and being fouled, repeatedly, by multiple boats, but it just didn't matter.

Later, I talked to one of the race organizers. He told me that most of these sailors were not used to racing and many didn't know the rules. Ok, I get it. I had gotten into a regatta with a seriously undeveloped racing program. But it underscored for me the frustrations of being in a race



Sometimes race duty is just exhausting.

Noah Everaet sacks out on the committee boat. Noah has seen a lot of action this year. He has been coming out with his dad to crew, work on committee, work parties, and social events, quickly becoming a fixture at HSA events.



Noah, in a more watchful mode.

Sunday was the first official racing with dad in a Capri 14.2 for Noah. He has sailed with dad before but this was his first serious race. Dad Dominic has made it a point to include his son in his sailing life - exactly what we like to see, even if it occasionally requires a nap.

Sportsmanship (Continued from previous page)

with people who just don't know the rules or just don't pay much attention, whichever the case it was. It was bad. And not fun.

Ok, this is sort of confessional. I'm not always a good sport. I know. (Some of you are saying, *duh.*) I have sometimes succumbed to the desire to win at all costs. Of course, some of these costs are personal and long lasting.

If you develop a reputation as someone who either doesn't know the rules or, worse yet, knows them and doesn't always follow them, the result could be a loss of respect. More than that, it could harm the development of your fleet or the club itself if we let the hot competitive blood overrule our good sense and our desire to compete fairly.

I have on occasion committed a foul and not done my turns. I instantly regret doing so. It can be devastating to your sense of self and your commitment to honest fair play in any sport.

I like to think that I have gotten over that phase of my racing career - win at any cost - but the many headed Hydra of Hueston Woods keeps regenerating its noggins of naughtiness, so it pays to be vigilant.

Having said that, I also

believe that situational ethics is not a bad thing. Here's what I mean. I was at a Sunfish Midwinters a few years ago in which my stern was barely touched by a competitor's bow. It was an insignificant touch that had no bearing on the outcome or position of the competitors.

The person whose boat I touched protested and told me to do turns. I refused. My reasoning was that it was, well, insignificant and that he was being an a-hole. He didn't relent, filing a protest after the race. I went to the hearing and, of course, I lost. Turns out he was a well know international racing judge competing in the Sunfish Midwinters and he was on a quest to get Sunfish sailors, whom he regarded as a bunch of outlaws, to conform to the rules.

Ok. we need that. Here's where the situation matters. Should we be similarly aggressive about enforcing the rules in a club race at Hueston Woods? It depends. In most cases, I would say yes, do your turns. A slight brush? A spar touches someone's sail in a drifter? It is an infraction technically but should you insist that on someone doing turns? Will it help the long-term viability of your club and the goal of fun and competition on the water if you do? (continued next page)

Sunday's Results

Hobies

- 1. Don Fecher 11
- 2. Kevin DeArmon 32 5
- 3. Mark Costandi 2 DNF
- 4. Dave Munday DNF DNS 9

Y-Flyers

- 1. Mike Stratton/Cosette 2 1 3
- 2. Pete Peters/Rose Schultz 1 3 4
- 3. Phil Robertson/Landon Robertson 4 2 6
- 4. Charlie DeArmon/Steve O'Neil 3 4
- 5. Brett Hart/Maggie Hart 5 5 10

Handicap

- 1. Laura Beebe 1 1
- 2. Megan DeArmon 3 2 5
- 3. Jerry and Darrilynn Brewster 2 3

5

- 4. Kayla Draper 5 4
- 5. Diane Pierok 45 9
- 6. Stephen Cook 7 7 14
- 7. Joe Fulford/multi crew 69 15
- 8. Charlie Cooper DSO 6 17
- 9. Dom Everaet/Noah 8 10 18
- 10. Ian DSQ 8 19

Sportsmanship: A Personal View (continued from previous page)

Moreover, should you be angry that someone didn't do their turns and allow the incident to become uglier-than-a-hairless-dog.

I say no. Especially if the competitor is new to the sport or new to racing. Being known as a stickler for the rules and/or an anger management candidate are just as corrupting as someone who flaunts the rules.

It is no doubt better to acknowledge a foul, a touch, whatever, by doing your turns. But if you are the one who has been fouled, we should hope that you would find a way to talk to that person. Tell them politely that you expect them to do turns. Or talk to them once you are back in and explain the situation and why they should have done turns. Or just decide that it is better to let it go than to insist on turns or, worse yet, blast them with

angry words that harm your reputation as a sailing colleague, the recipient's enjoyment of sailing and racing, and, ultimately, the club, not to mention the experience for all the others racing who had to endure the moment. Those others are always making a decision about whether or not they want to be on the lake with those who lose their cool.

There is a time and a place for everything. There is no substitute for good sportsmanship, but that standard applies to both the fouler and the foulee, if I can make up a word.

Whether we are racing or serving on committee, we should keep this in the forefront: we are a better and stronger club when we treat everyone with respect and afford them some dignity. Follow the rules. But don't say or do anything that you wouldn't want said or done to you. Sound familiar?

Handicap Results - The Full Story

BOAT	DPN	SAIL#	SKIPPER	R1 ELAPSED	R1 CORRECTED	R1 FINISH
Sunfish	99.6	4410	Laura	0:39:47	39 min 57 sec	1
Capri 14.2	99.4	3916	Jerry B	0:40:35	40 min 50 sec	2
Sunfish	99.6	80883	Megan	0:42:15	42 min 25 sec	3
Capri 14.2	99.4	3562	Diane	0:46:37	46 min 54 sec	4
Sunfish	99.6	80885	Kayla	0:50:29	50 min 41 sec	5
Flying Scot	89.6	2253	Joe F	0:46:25	51 min 48 sec	6
Montgomery 15	108.2	No Num	Steven	1:01:44	57 min 3 sec	7
Capri 14.2	99.4	398	Dominiek	1:00:24	60 min 46 sec	8
Sunfish	99.6	80884	Ian	DSQ	DSQ	DSQ
Sunfish	99.6	Striped	Charlie C	DSQ	DSQ	DSQ

BOAT	DPN	SAIL#	SKIPPER	R2 ELAPSED	R2 CORRECTED	R2 FINISH
Sunfish	99.6	4410	Laura	0:26:23	26 min 29 sec	1
Sunfish	99.6	80883	Megan	0:26:34	26 min 40 sec	2
Capri 14.2	99.4	3916	Jerry B	0:27:12	27 min 22 sec	3
Sunfish	99.6	80885	Kayla	0:27:29	27 min 36 sec	4
Capri 14.2	99.4	3562	Ken	0:27:46	27 min 56 sec	5
Sunfish	99.6	Striped	Charlie C	0:28:02	28 min 9 sec	6
Montgomery 15	108.2	No Num	Steven	0:30:56	28 min 35 sec	7
Sunfish	99.6	80884	Ian	0:29:29	29 min 36 sec	8
Flying Scot	89.6	2253	Joe F	0:27:36	30 min 48 sec	9
Capri 14.2	99.4	398	Dominiek	0:31:44	31 min 55 sec	10



Scott and Jeanne
Johnston and a
friend in their San
Juan 21 look like
they are headed for
the start line against
Stephen Cook's
Montgomery 15 in
last Sunday's
competition. If so,
good start!



Don Fecher Wins July 4th Series in Hobies!

Well that may seem like old news. And it is, but somehow the scoring was incorrectly tabulated. The Donster actually won the Series, rather than his affable and worthy opponent Charlie Buchert. Charlie actually finished second. We promised a correction and because Don has been whining a lot about it, I mean, we want to set the record straight and give him his due. Don, a long time HSA Hobie racer, seldom if ever loses a race. (We think we are quoting him here.) Next time you see him and he starts ranting about something, just give him a hug. He needs it.