

Acton Action

April Edition



(Pre-Launch Issue)



In This Issue

- ~Red Retro Rescue Ranger
- ~Park Manager Updates
- ~BnB: Saturdays at the Lodge
- ~Formal Instructor Training
- ~Executive Committee Highlights
- ~Round the World Solo Sailing

...and much much more!

Volume 68 Issue 02

April 02, 2024

Hueston Woods State Park Manager Updates



Hueston Woods Park Manager, Kathryn Conner, seen here installing docks prior to opening the 2024 season, shared these updates just in time for HSA’s launch and social, scheduled for April 20th.

Total Solar Eclipse: The reservations at the campground and lodge are all set and Hueston Woods is prepared. The word is to be in place, and stay in place, as Ohio expects hours-long road gridlock after.

Derelict Boats: The long saga of the derelict boats in dry moorage is finally over. Fittingly, they were removed on April Fool’s Day after being neglected eyesores and essentially ownerless for many years.

Bridges: The two new bridges contract was awarded and crews are expected to get to work in June. It will take until the Fall for completion. Expect some traffic interruptions until nearer the big switchover date.

Dock Bumpers: The launch ramp docks will get some TLC this summer when crews work to fix the protective rubber bumpers surrounding the concrete docks. Hopefully the dock ends will also get bumpers!



Beverages and Boats (BnB) News

The BnB gang have been studying hard this winter and worked thru the following topics at Hueston Wood's beautiful lodge:

Saturday, **January 20** - Light Wind Lake Sailing

Saturday, **February 3** - Positioning for Wind Shadows

Saturday, **February 17** - Pressure vs Shift

Saturday, **March 2** - Lake Sailing in Big Breeze

Saturday, **March 23** - Tiller Technique

There is just one left before HSA's 2024 season starts:

--Saturday, **April 6** - Second Beat Strategy

If you missed one of these, they are online featuring Mike Ingham, the Sunfish/J70 champion. If it helps you find them, he does these for *Sailing World* magazine under "Sailboat Racing Tips." All are about 20-30 minutes long—just right for learning a topic!

As always, our club's veteran sailors will be on hand to add to the discussion as we prepare for yet another amazing racing season.

Let us know if you will attend on April 6th as the restaurant would like to know how many to prepare for. **RSVP** by responding to mastratton44@gmail.com. See you at the lodge!



Reprinted SNAX, The Sailing Newsletter Article eXchange...

Salty Lingo
HOW TO TALK LIKE A SAILOR
*as seen in *Optimus**

Words are very important to sailors. At sea, using the right word can avoid confusion, accidents, injuries... and salty words are just plain colorful and fun.

Here are a few bits of salty lingo that you should add to your sailor's lexicon (that's a fancy word for dictionary).

Avast - You've seen plenty of pirate movies where some guy with a patch over his eye snarls, "Avast ye there!" This is salty-dog talk for "Stop doing that!"

Cut and run - Your probably think this means to run from a fight - and you're right. When an old-time sailing ship was attacked while anchored, they couldn't afford to take the time to raise the anchor. Instead, the captain would order the crew to cut the anchor line (rode). Then he would order the helmsman to run downwind, to escape the attack. Cutting and running

wasn't necessarily cowardly-sometimes it was the best way to save the ship.

By the wind - A sailor who told you, "I'm by the wind," meant he was broke, with only the wind to carry him through life.

The ladies have hold of the tow rope - This meant the ship was making good time on the return leg to its home port, as if the sailors' wives and girlfriends were pulling on a tow rope.

Handsomely - No, this word does not describe the way Leonardo DiCaprio looked on the Titanic when he put on a borrowed tuxedo for dinner. Handsomely means slowly and carefully. The captain might order his crew, "Ease that mooring line handsomely, lads!"

There you have it skippers - now you're better prepared than ever to soar over the high seas, driving a three-masted clipper ship around Cape Horn, from New York to San Francisco in record time!

HSA's Newly Restored Red Retro Rescue Ranger



The club has a new retro rescue boat that is cooler than SpongeBob's boatmobile! Stephen Cook put out a sign and the next thing he knew, a Farmersville farmer called with a generous offer. And that sums up how HSA was kindly gifted a true "barn find." Of course, not all free sailing gifts come ready to go so a "crash" effort was launched to transform what was once a pleasure craft into a work boat. The usual suspects (Stratton, Judy, Henthorn, Bodie, Cook) came together in the Cook's cozy greenhouse and determined that this tri-hull sitting in a barn for 20+ years was seaworthy and well suited to replace our old boat. After removing the old windshield, faded bimini, extraneous fittings, and interior furnishings, the patching of holes, fitting of new seats/carpet, painting, and bolting on a new stainless-steel ladder commenced. The Mercury Thunderbolt engine was found to run and sea trials are now imminent. A big thank you to all involved! Watch for the Restored Red Retro Rescue Ranger out on Acton Lake and get the rest of the epic story from Stephen, Dave, Roger, Bobbie, and Mike. Who knows, maybe even SpongeBob's teacher, Mrs Puff, will come up from her boating school to help us inspire new sailors?!



HSA Getting US Sailing Certified Level 1 Instructors

Amy Marks, Brett Hart, and Joe Fulford will all be US Sailing certified Level 1 Instructors this year. Joe was the first one to accomplish the training in March with Brett and Amy scheduled in the coming months. The US Sailing Small Boat Level 1 Instructor Course is designed to provide sailing instructors with information on how to teach more safely, effectively, and creatively. The goal of the program is to produce highly qualified instructors, thereby reducing risk exposure for sailing programs. Topics covered in the course include: classroom and on-the-water teaching techniques, risk management, safety issues, lesson planning, creative activities, ethical concerns, and sports physiology and psychology.



Joe and Leigh Ann opted to make this training opportunity a winter time get-away. The course was set in Jensen Beach Florida at US Sailing's Martin County Sailing Center. It is located a little over an hour north of West Palm Beach and is ideally situated inside intercoastal waters—a perfect off-season sailing location.

The Center had just hosted a national level Opti championship competition with over 200 competitors and has a fleet of Hobies, Optis, RS Fevas, Club420s, Lasers, and Flying Scots—boats they sail most of the year down there.

If you are ever looking for a winter-time place to pick up some top-notch training, this center is the place to accomplish it. And, Jensen Beach has a moratorium on high-rise construction so it still has an old-timey relaxing Florida vibe.



Joe was part of a ten-student cohort and had this to say about the content of the extensive three-day in-person portion of the course:

Day one was a review of the on-line material, a rigorous powerboat skills evaluation (some students failed this), and a swim test.

Day two had us split into two-person teaching teams where we used our newbie instructor skills to conduct joint chalk talks, land drills, and water drills/exercises. Each team took on a skill like jibing or tacking and taught the other eight students (who pretended to be sailors with minimal skills and who the instructor had doing things like wandering off, talking to each other, or botching the skill).

On Day three we were teaching different skills like points of sail, safety position, etc. but as individual instructors. Again, we each went thru a chalk talk, land drill, and water exercise while being graded all the way on a skills rubric.

The coaching powerboat always had two instructor trainees on it and the very experienced and capable US Sailing instructor (who flew down from her sailing club in Massachusetts) while the other eight trainees operated as two-person crews on Club420 sailboats (like a 420 but built more heavily for club use & abuse).

Again, behind our backs, the teaching instructor had them incorrectly trimming their sails, getting confused on course directions, and wandering off as we motored around them. I've alerted Amy and Brett to have a good whistle because they will need it!

The precursor on-line modules were equally as tough. In summary, HSA employs many best practices taught, but I learned so much about the *elements of effective teaching!*

Executive Committee Highlights

Commodore – Amy Marks amymarks00@gmail.com
Vice Commodore – Darrilynn Brewster luv2readmom@gmail.com
Rear Commodore – Bill Molleran bill.molleran@gmail.com
Treasurer – Roger Henthorn rrh2699@gmail.com
Secretary – Dom Everaet Dominiek.Everaet@esko.com
Harbor Master – Don Fecher dfexskip@aol.com
Past Commodore – Laura Peters petersle1@yahoo.com
Newsletter Editor – Joe Fulford fulford.joseph@gmail.com
Sailing Instructor Coordinator – Brett Hart brettrhart@aol.com



The Executive Committee has been diligently working on preparations for the 2024 season to include researching liability insurance options, building an emergency action plan for the R/C boat (see below), joining US Sailing, and registering with the Ohio Secretary of State as a non-profit. Commodore Amy Marks is exploring fleet upgrades/replacements/retirements, evaluating our 2025+ program offerings, and in general thinking through a course to follow for the next few years. The April meeting will include initial discussions, groundwork considerations, and goals for a strategic plan... HSA 2030?



Hueston Sailing Association Emergency Action Card



Hueston Woods State Park
6301 Park Office Road
College Corner OH 45003

Acton Lake Marina Boat Launch Ramps:
Google maps: H6MR+52, College Corner, OH 45003
Lat/Long: [39.583025, -84.760097](https://www.google.com/maps/@39.583025,-84.760097) (39°34'59.2"N 84°45'36.0"W)

Emergency or Life-Threatening Injury - Steps

1. Render assistance
2. Make contact with other volunteers on lake for assistance
3. Call for Help & Emergency Medical Attention:
 - 9-1-1
 - ODNR 24/7 Dispatcher: #6367 (#ODNR)
 - ODNR Law Enforcement Officer: VHF Radio Channel #16
 - Park Office: 513-523-6347
 - Lodge Main Desk: 513-664-3500
4. Monitor and administer first-aid
5. Send someone to meet/direct Emergency vehicles
6. Transfer injured to care of Emergency Team
7. Debrief and inform key people: Commodore, family of injured
8. Complete an incident report



Be prepared to tell 9-1-1:

- Current location of injured person
- Description of boats (if requesting on-water help)
- Where you plan to bring injured person ashore
- Age/gender/number of injured people
- Type of injury/situation
- Your name and call back number

US Sailing News and Quiz



As a member of US Sailing, HSA receives their “Weekly Lift” email news and info. March was Women’s History month so here comments from members of our Paris 2024 Olympics sailing team.

How did you first get involved with sailing?



Daniela Moroz

“I got into sailing through my parents who were long time windsurfers. I learned to kite surf when I was 12, and then got into racing at 13. I was immediately addicted to going fast on the water and wanted to learn new ways to get faster every day.”

Lara Dallman-Weiss

“I started sailing on White Bear Lake, MN with my dad. It was his passion and I just loved being on the water with him as a father daughter activity. I then took sailing lessons each summer and always raced around the Midwest, but I was actually more competitive in other sports – basketball, track, cross country, and dance, but sailing was a completely fun thing for me to do with friends. At the same time, it taught me valuable lessons like how to take care of my own boat, confidence from being on a race team with all boys, and racing skills.”

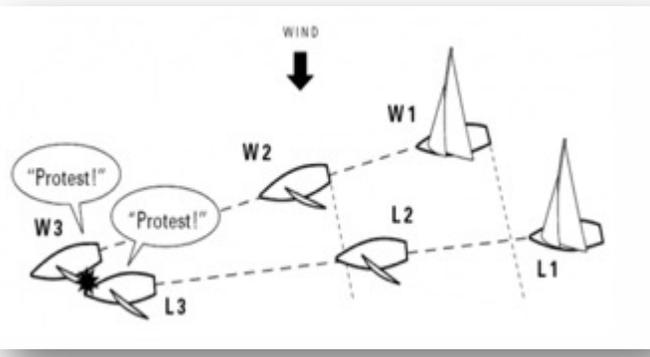
Erika Reineke

“I started sailing in the Optimist at age 8 out of the Lauderdale Yacht Club. My parents signed me up for summer camp and the rest is history!”

Dominique Stater

“I started sailing at age 12 while living in Argentina. My family lived close to the world’s widest river, Rio de la Plata, in Buenos Aires – a great place to sail. We would drive along the river on the way to school and see everyone windsurfing and kitesurfing and that launched my interest in windsurfing. My mom used to windsurf and found an instructor who taught me the basics. The instructor’s brother was Argentina’s Olympic windsurfing coach and he had a daughter my age. I trained and traveled with her to many regattas around the world at a young age, including the 2018 Youth Olympics.”

Quiz Question: Boats W (a windward boat) and L (a leeward boat) are reaching towards the gybe mark on converging courses. L becomes overlapped with W from clear astern within two of her lengths of W. They are both sailing proper courses and are on a collision course. As they near each other, W hails, “You came from clear astern and I’m on my proper course.” L replies, “I’m on my proper course.” W’s boom then touches L with no damage or injury and both protest. You are on the protest committee; how would you decide this?



Answer:

Boat W is penalized under rule 11, On the Same Tack, Overlapped, for failing to keep clear of a leeward boat, and rule 14, Avoiding Contact, for failing to avoid contact when it was reasonably possible to do so. When L first becomes overlapped with W, she is required to give W room to keep clear by rule 15, Acquiring Right of Way, which she does. Because L overlaps W from clear astern within two of her hull lengths, rule 17, On the Same Tack; Proper Course, requires L not to sail above her (L’s) proper course. L is sailing on her proper course (not above it) and W fails to keep clear. L could have avoided making contact with W, but didn’t; therefore she breaks rule 14. But a right-of-way boat is exonerated for breaking rule 14 when the contact does not cause damage or injury.

(This quiz was excerpted from *Dave Perry's 100 Best Racing Rules Quizzes available from US Sailing*. For a comprehensive explanation of the rules, read Dave Perry's *Understanding the Racing Rules of Sailing through 2024*, which is also available from US Sailing. Permission to reprint this quiz for non commercial use is granted by the author.)

Tentative 2024 R/C Duty Roster. Check Your Dates!

Date	Event	Chairman	Helper1	Helper2
Saturday, April 20,	Launch R/C Boats			
Sunday, April 28,	1st Spring	Jerry Brewster	Darrilynn Brewster	Bob Fletcher
Sunday, May 5,	2nd Spring	Brett Hart	Mike Weir	Curt Donahue
Sunday, May 12,	3rd Spring	Charlie DeArmon	Dave Parrott	Denis and Kim Mullally
Saturday, May 18,	Intro To Sailing			
Sunday, May 19,	4th Spring (Potluck)	Peet Peters	Rose Schultz	Steve Lyons
Sunday, May 26,	Memorial Day Series	Joe Fulford	Doug Hansen	Karolyn Hansen
Monday, May 27,	Memorial Day Series	Joe Fulford	Doug Hansen	Karolyn Hansen
Sunday, June 2,	Founder's Day Sunfish Regatta	Roger Henthorn	Bobbie Bode	Jonathan Askins
Sunday, June 9,	5th Spring - Race Clinic Before Races	Dominiek Everaet	Laura Peters	Stephen Cook
Sunday, June 16,	Special Fun Race - Details To Follow	Don Fecher	Brendan Draper	Scott Eversole
Saturday, June 22,	Intro To Sailing			
Sunday, June 23,	6th Spring	Brian Callahan	Bob Taylor	Jackie Guntle
Sunday, June 30,	4th of July Series	Dave Judy	Ken Wright	Diane Pierok
Thursday, July 4,	4th of July Series	Dave Judy	Ken Wright	Diane Pierok
Sunday, July 7,	7th Spring (Potluck)	Charlie DeArmon	Kevin DeArmon	Bill Jackson
Sunday, July 14,	Camptown Races Sunfish Regatta	Roger Henthorn	Bobbie Bode	Eric Anderson
Saturday, July 20,	Intro To Sailing			
Sunday, July 21,	1st Fall	Don Fecher	Curt Donahue	Steve Lyons
Sunday, July 28,	2nd Fall (Brunch)	Brett Hart	Dave Parrott	Jonathan Askins
Sunday, August 4,	3rd Fall	Stephen Cook	Denis Mullally	Kim Mullally
Sunday, August 11,	4th Fall	Laura Peters	Bill Molleran	Greg Uhler
Saturday, August 17,	Intro To Sailing			
Sunday, August 18,	Augusto! Sunfish Regatta	Roger Henthorn	Bobbie Bode	Mark Costandi
Sunday, August 25,	CruiserFest	Roger Henthorn	Bobbie Bode	Kevin DeArmon
Sunday, September 1,	Labor Day Series	Mike Stratton	Amy Marks	Phil Robertson
Monday, September 2,	Labor Day Series	Mike Stratton	Amy Marks	Phil Robertson
Sunday, September 8,	5th Fall	Pete Peters	Rose Schultz	Jim Milks
Saturday, September 14,	Sailing Experience			
Sunday, September 15,	6th Fall (Potluck)	Dominiek Everaet	Bob Taylor	Jackie Guntle
Sunday, September 22,	Around The Lake Race	Jerry Brewster	Darrilynn Brewster	Rob Gehrum
Sunday, September 29,	7th Fall	Mike Weir	Charlie Buchert	Greg Waning
Sunday, October 6,	OktoberFast Sunfish Regatta	Roger Henthorn	Bobbie Bode	Bob Fletcher
Saturday, October 12,	Haul Out			
Saturday, November 2,	Annual Banquet			

Global Solo Challenge and the Amazing Cole Brauer

Only a few weeks ago on March 7th, Cole Brauer took 2nd place in the Global Solo Challenge race going non-stop around the globe unassisted. Her voyage began on October 29th and she was the first American woman sailor to accomplish this solo circumnavigation while skippering a Class40 racing boat, S/V First Light. She completed her goal of raising awareness of women participating in the sport of sailing with a big fat punctuation mark. Cole accomplished this voyage with so much style, inspiration, and positivity that her Instagram account blossomed during the race to over 500,000 followers—the largest following of any sailor, or sailing team! Sixteen racers started and nine retired while she sailed *and* created over 100 videos. Sail Magazine's "How Cole Brauer Captured the World" by Lydia Mullan will give you the basics of her epic journey and the equipment failures, medical issues, and an extreme ocean knock-down she endured. A February article by KC Baker in People Magazine "Sailor Cole Brauer Is Making History as the First U.S. Female to Race Solo Across the Globe: 'It's a Dream Come True'" briefly chronicles her steering the boat with her legs while trying to drop the sails with her arms as First Light's autopilot had failed—something she accomplished with cracked ribs from that knock-down. Everyone who watches her video shorts and reads about her 27,000 mile, 130 day journey is inspired, amazed, and uplifted. Watching someone do on-deck dance routines while sailing solo around the world will do that.



What's the point in having an adventure like this if you're not going to enjoy it?"

--Cole Brauer

